

## Themes

### Polar Pals

Help children learn about cold climates and the creatures that live there with playful learning activities that focus on snow, ice, penguins, walruses, and much more!

### Tinker Time

Explore toys, household tools, and other everyday objects to find out how they work. Let curiosity take the lead as children create, experiment with cause and effect, and learn about safety.

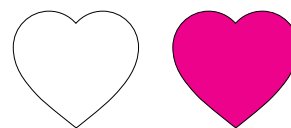
### Hearts & Hugs

This theme is all about kindness and how we express it. Help young children develop emotional vocabulary, practice sharing, and even take on small, helpful tasks through play, songs, storytelling, and games.

### Eating the Rainbow

From the tiniest pea pods to the biggest bunches of bananas, children will discover, observe, explore, and try fruits and vegetables during this theme.

## Color/Shape



## Sign Language



**brush teeth**

Position index finger of right hand in front of mouth. Move finger side to side to mimic brushing teeth.



**wash hands**

Make a fist facing up; make another fist on top, facing down. Move top fist in circles as if scrubbing.



**pea**

Make a hook with index finger. Tap hooked finger on straight index finger to represent peas in a pod.



**banana**

Pretend to peel raised index finger twice.



**water**

Right hand W taps chin with index finger.

## Learn with Me!

### Polar Moves

Have fun moving like polar animals together! Waddle like penguins, move on all fours like caribou, scurry like an Arctic fox, or move in other creative ways.

### Finding the Rainbow Around You

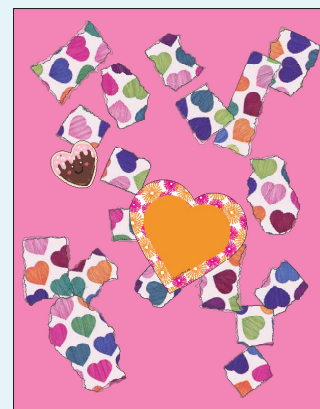
Take your child on a trip to the grocery store. Name different fruits and vegetables in the produce aisle. Help your child notice the color of the foods.

### My Project: Hearts

#### Everywhere Collage

When I bring this project home, we can:

- Name the heart shape together.
- Count the hearts together.
- Enjoy the collage as a decoration by displaying it in a special place.



*Graphics are intended to show samples of projects.  
 Materials may be substituted or used differently.*

## FAMILY CONNECTION

## Book List

## Whose Tools?

by Toni Buzzeeo

## Friendship Is Forever

by Patricia Hegarty

## Will Ladybug Hug?

by Hilary Leung

## Hush Little Polar Bear

by Jeff Mack

## Eat Your Colors

by Amanda Miller

## 123 Count with Me

by Tiger Tales

## Penguin and Pinecone

by Salina Yoon

# Songs & Rhymes

# Cobbler, Cobbler

Cobbler, cobbler, mend my shoe,

Get it done by half past two.

# Stitch it up and stitch it down,

Then I'll walk around the town.

Cobbler, cobbler, mend my shoe,

Get it done by half past two.

# One Potato, Two Potato

One potato, two potato,

Three potato, four.

Five potato, six potato,

Seven potato more.

One potato, two potato,

Three potato, four.

I like mashed potato,

# Can I have some more?

# Pleeeeeease?

## Recipe

## Triple Treat Snack Mix

1 cup toasted oat cereal

½ cup freeze-dried strawberries,  
chopped

½ cup freeze-dried bananas,  
chopped

Your child can help measure and mix the ingredients for this simple trail mix. Name the ingredients and talk about the colors as you add them to a mixing



bowl. Offer your child a large spoon or spatula so they can help stir everything together. Scoop some into a bowl for a snack. Ask your child which ingredient is their favorite.

# Reminders

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.